

Rugby Junior Triathlon Club

Minutes - 4th July 2010

Attendees - Ian Payne, Graham Emery, Helen Emery, Alex Considine, Jessica Butterworth, Gerrard Butterworth, Niamh Emery, Helen Childs

Apologies – Dave & Chris Rouse, Jo Byrne, Christine Broughan

1. Review Minutes

Minutes accepted

2. Coach Cover

The rota for the next few weeks is very short of coaches. Helen C suggested speaking to coaches individually to find out what their commitment to coaching will be over the next few months. Dave Fawcett has now been appointed Coach Co-ordinator for the Club, Ian will speak to him about junior coaching shortages. **IP**

3. Junior League

Races for our league have usually been selected from the West Midlands League. There are a number of races locally which are well run and easily accessible which would be ideal. When deciding on races for next year we will include more races but not just those from the West Midlands Series.

4. Discipline

Coaches have mentioned that they can sometimes spend more time having to discipline members rather than training. It was decided to have a more consistent approach to discipline for all coaches to use. This is to be mentioned to members at the next couple of training sessions and also communicated to coaches. **IP**

5. First Aid Course – 15th & 16th Sept

The above course is available and we need two adults to attend in order for us to retain our Club Mark Accreditation. Helen Childs has offered to attend, any other volunteers please? **ALL**

Gerrard is attending an Emergency Response/First Aid course through work and is willing for his name to be included as a first aider for the club.

6. Club Mark Accreditation

Despite having already attained this and having a certificate up to 2011, we now have to re-apply as the scheme is being overhauled. John Austin has agreed to help Ian with the administration of this.

IP/JA

7. Club Kit

Hoodies have now arrived. With the £500 donation received from Vision Express these can be sold to members at £12 each. We will also have enough money to order some swim caps, which can be given to members free of charge.

8. Safeguarding & Protecting Children – 6th Sept

As Graham is our Welfare Officer he has confirmed he can attend this course, but we could do with another volunteer. Please let Ian know if you would like more details.

ALL

9. Membership

38 full members and 4 juniors possibly joining in the next few weeks

10. Club Captains

Club Captains to speak to members about their choice of Social Event.

11. Teams

Team Lettuce & Team Da Ninja Monkeys are working ok. Dedicated swim lanes are proving successful also.

12. Go-Ride

Helen E and Ian have made contact with Go-ride to see if they can provide any support to the club. Ian is liaising with them and will investigate what assistance we can tap into.

IP

13. Partnership other clubs

BRAT are still interested in arranging a joint cycling session in September. We are awaiting confirmation from Rosa Teagle

Other clubs have expressed an interest in pooling resources for joint ventures. Helen has had contact with Cherwell Valley and Ian with Stratford. They will continue to pursue these.

IP/HC



14. Open Water Swim

Ian, Dave & Gary have all gained a certificate in coaching open water swimming and can now take juniors for coaching if required.

15. Tesco / Sainsbury's Vouchers

Tesco vouchers have now been sent off; we have ordered balls & bibs. Sainsbury's vouchers are nearly ready to be sent.

16. CSW Coach Bursary

Still waiting for funds to come through for this. Last contact from them said it would be sent directly to Adrian James. Ian will follow this up. **IP**

17. AOB

Ian to speak to Jo & Phil Byrne about dates for using The Close for cycling practise.

Feedback from coaches : when setting coach plans they do not always know what has been done on previous training sessions which means things may be missed or sessions could become repetitive.

Helen E agreed to put a copy of the training plan on Google docs each week so coaches can look back on previous weeks. **HE**

Ian and Helen C to talk to Dave about setting up training objectives for the next six weeks. **IP / HC**

Date of next meeting 25th July 2010